

THE LIVER CARE FOUNDATION

## The Foundation

The Liver Care Foundation was established in 2005 as a non profit organization with a view to contribute to society by connecting with the public, patient and provider, as a part of its focus towards prevention of liver disease.

## Goal

To assist and support Healthcare related to Liver Diseases.

### Vision

To contribute to a world 'Free of Liver Disease'

## **Mission**

- 1.To advocate and generate public awareness about Liver Health through information, education and communication.
- 2. To assist those living with liver disease.
- 3. Strive continuously to bridge the global gap in the field of academics and research, relating to Liver and its diseases.

#### **Core Values**

Competence, credibility, commitment, care and cooperation constitute the culture of Liver Care Foundation

## **Our Team**

## **Board of Trustees**

Dr. Shiv Sarin, MD, DM Founder Trustee and member

Dr. Kiran Modi Managing Trustee and member

Mr. Vikram Varma Trustee and member

Mr. P. B. Vijay Trustee and member

## **Board Members**

Dr. B. C. Sharma Member

Dr. Puja Sakhuja Member

Ms. Vibhuti Sharma Member

Ms. Shalini Prakash Member

## **Special Advisor**

Former Justice Shiv Raj Patil

# **Legal Advisor**

Mr. M. L. Lahoty

# **Honorary Chief Operating Officer**

Ms. Vibhuti Sharma

# **Our Key Activities**

- 1. Awareness
- 2. Assistance
- 3. Academic Support
- 4. Organisation Values

#### **Awareness**

The aim of LCF is to bring about an awakening in the minds of people about the importance of functioning of liver in a human body; and if not taken care of, can create a number diseases related to liver and thus cause complications.

It will also educate people about the treatment of liver disease and the availability of Doctors and Hospitals, treating this malady

### **Assistance**

LCF will endeavor to provide assistance in terms of financial aid (and through Donors) to those who are willing to donate their liver.

## **Academic Support**

LCF also undertakes to promote upcoming Doctors, financially, who though, are well qualified to attend higher studies or present papers, but cannot do so for lack of funds. Each case is considered on merit through a screening body before providing them with any financial assistance

# **Organization Values**

Competency, Credibility, Commitment, Care and Cooperation constitute the culture of The Liver Care Foundation.

# A snap shot of our activities

# **Education programme 2012**



**Education through flip chart** 



Awareness in slum area



**Drawing the body map** 



**Awareness Programme** 

# Vaccination camp 2012



**Child vaccinated** 





Parents consent signature



Children waiting for vaccination

# Community Study 2012









Our Participation in Hepatitis Day 4<sup>th</sup> December 2012











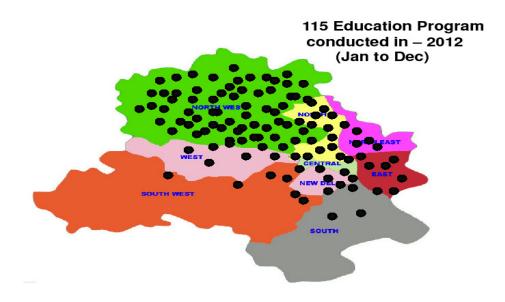


Activities

# **Education Programme**

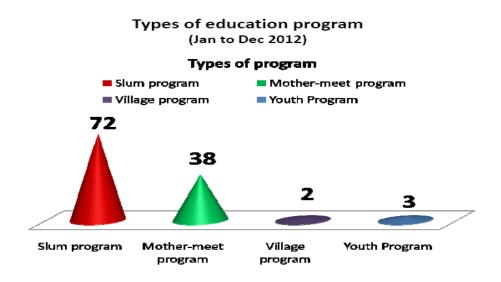
As part of the intervention, we created a module to help steer the awareness program on liver health. In the year 2012 we have conducted a total 115 awareness programme with 3385 participants of Delhi.

# Delhi map









Our total covered area were 115 with the help of 38 NGOs. We have conducted 48 slum programme, 35 mother meet and 9 village programme.

There was ice-breaking so that participants introduced themselves and their community by telling us what they liked, disliked and wanted as change in their habitat. Participant knowledge was tested with questions related to the liver, liver disease, hepatitis, symptoms



Drawing the body map by participant

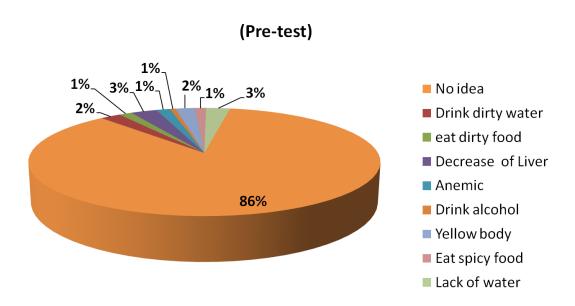


Distributing refreshment by LCF

Causes of jaundice, largest organ of the body and if they knew about organ donation. The session commenced by asking a member of the audience to draw an outline of a body then

asking the audience to place major organs including the liver on the map. And finally, we delivered our talk "You and your Liver" using a manual flip chart in Hindi.

## Causes of jaundice



Most people attending the pre-test education program were women. When we asked them the causes of jaundice, 86% were completely unaware about this.

Before the educations program people were not aware about Hepatitis even they did not know about the types of Hepatitis and liver can donated. After the education program they were became aware about liver health and Hepatitis B and showed their interest to vaccinate themselves against the Hepatitis B.

After good impact of our education lecture on liver & liver disease more registrations for the hepatitis B vaccination could take place.



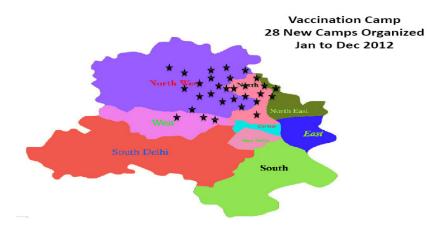


## **Vaccination camp**

Government vaccinates children in the ages of 0-6 years as per the Universal Immunization Plan. The Liver Care Foundation will undertake the task to vaccinate children aged 6-17 years as the state has no additional funds for this age-range.

In 2012 we were able to vaccinate 5,000 children in the underprivileged communities of North West Delhi with a grant from Women India Association, UK

## Delhi Map





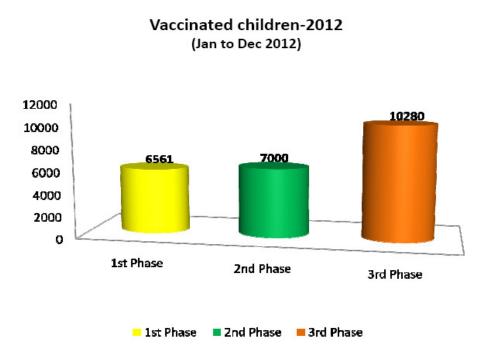




Child vaccinated

The targeted children and their families were first educated about liver diseases, particularly Hepatitis. The Liver Care Foundation prepared a registry of children to be vaccinated and procured the informed and written consent from the parents of these children. Each child then

received three doses of vaccination over 3 months to provide lifetime immunity from Hepatitis-B.



A fully vaccinated children were 10280 which was quite an achievement given the migrant nature of the target communities

The total focus of the camps was on documentation, quality of vaccines delivery and safety precautions taken such as use of the needles destroyer, having a backup for emergency actions on any estimated cases of reaction. Not a single case was reported.

# **Monthly Orientation Programmes (MOPs)**

One day was reserved in a month for the MOP wherein members of the partnering NGO were called in to the Liver Care Office where field related problem solving took place. If the NGO has participated in Education program, the representative would be called in to take feedback on how to strategize a vaccination program within the community they worked in. Their advice in this matter was considered important as they had first hand knowledge of how effective such a program could be. Partnering NGOs supported many issues such as child welfare, adolescent health, non formal education, vocational training etc.





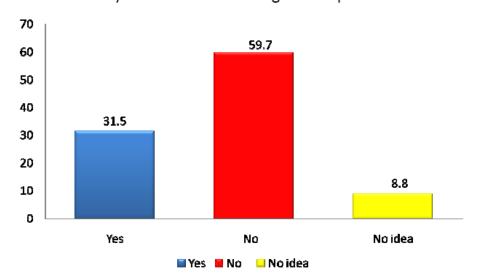
# **Community Study**

A community survey has been done by The Liver Care Foundation to know the vaccination of hepatitis B. The result was that 31.5% were vaccinated, 59.7% were not vaccinated & 8.8% have no idea.





Community Survey (Jan to Dec 2012) Have you been vaccinated against Hepatitis B







#### **APASL Award 2012**

The effort to extend support to young scientists and doctors continues. This year seven travel grants were disbursed to doctors and scientists who had been accepted to present their papers at the APASL 2012 in Taiwan, It was heartening to see that we were able to provide these bright, young achievers the opportunity to present their pieces of work.

### Name of the APASL awardees:

- 1. Dr.Punit Chabra
- 2. Mr. Somnath Dutta
- 3. Dr. Naveen L Gupta
- 4. Ms. Rupal Sinha
- 5. Mr. Dinesh Mani Tripathi
- 6. Dr. Chandan Kumar
- 7. Dr. Sunil Kumar Polipali



# The Liver Care Foundation

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